



# Life Retuning™ Professional Course Prospectus

After many years of running a private practice in **Energy Psychology**, I was faced with some questions which my training did not provide

## Some of the questions were...

- How do we get access to our behaviour patterns embedded in the unconscious mind without having to go into a trance state?
- Does emotional healing really have to be difficult and long term?
- What part do the aura and the chakras play in our day-to-day lives?
- Can we remove trauma by side-stepping the mind and without re-traumatising the client?

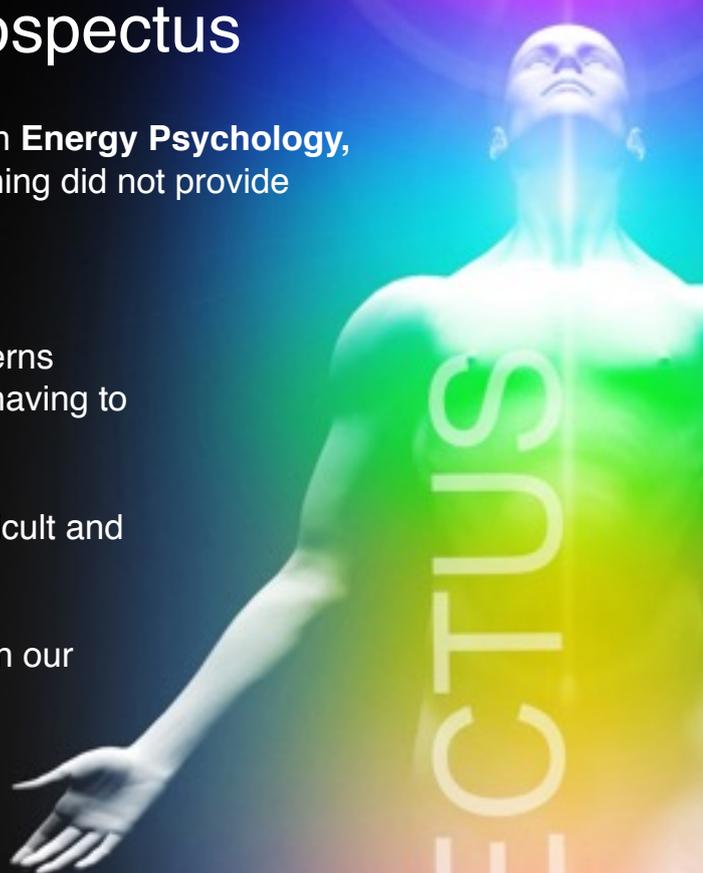
I discovered the answers after many years of searching. I became the Founder of a revolutionary system of empowerment called Life Retuning. I started to use the new method with clients and soon found I was getting extraordinary results. It was as if they were taking off a cloak of pain and stepping out into wellness and peace. I was very excited by what I was witnessing.

Life Retuning is a deep and thorough treatment. It works to permanently change the mind's perception about a situation or problem. One of the main advantages of the treatment is that it is the human energy field which gives all the information, not the mind. The mind is limited in its ability to create a deep level of healing. Once you have access to all of the information about a problem through the energy field, the solution is revealed. Fast and thorough results can then be quickly achieved. Life Retuning is not based on assumption or intuition, just the reading and applying of energetic data.

This course is designed to deliver the system to you over a set of days in an easy and practical format.

**If you wish to learn the system too, this prospectus will explain what Life Retuning™ is and what you can expect from the course.**

PROSPECTUS



# What is **Life Retuning™** ?

## **Tracking in Time and Space**

Life Retuning is the procedure of using the human energy field to track the time-line co-ordinates of negative events which created a self-limiting perception. These events are likely to have caused feelings of distress, negative internal dialogue and physical symptoms. When the energetic frequencies of 'seed traumas' are Retuned, there is a change to a positive perception of the original problem.

## **How does it work?**

### **Time Capsule of Consciousness**

When we have an experience, the mind takes a snapshot in time. It records all the factors; including data from the five senses, emotion, physical state and any Energy Toxins that are present in the energy field at that time. When we later bring the experience to mind, the exact state is recreated. It is a time capsule of consciousness.

### **The Energetic Databank**

Our energy fields are a databank of all our experiences. It is our life experiences that allow the mind to determine whether a situation is harmful or not - ultimately impacting on our survival. If the mind determines an experience is harmful, it will link it to any similar experience in the future and give warning signals. These can include negative and distressing emotions or physical discomfort or pain.

The power of **Life Retuning™** lies in the fact that it zeros in on the exact information held in the energy field

Even a small amount of Life Retuning can have a dramatic or even life-changing result...

### **Do you need to believe in Life Retuning for it to work?**

Because Life Retuning is not a talking therapy, it is not based on finding logical reasons for a problem. The treatment bypasses the usual logical blocks to success because it works on the energetic level following a scientific process. Energetic changes occur regardless of whether a client believes the treatment will or will not work. Consider gravity, it exists whether or not a person believes in it or not.

# About the **Life Retuning™** Professional Course

## **How is it structured?**

The course consists of 4 modules. After you have completed Module 4, you have a day for revision and then an opportunity to complete 5 case studies and a course assessment on the last day.

## **What will I learn on the course?**

The Life Retuning Professional Course teaches you how to track energetic data in the human energy field and apply the information to free a person up from distress.

## **The course covers the following areas of training:**

### **Module 1 - Protocol for Diagnosing and Retuning Distressing Emotions and Self-Limiting Beliefs and Mental Perceptions**

You will learn about the communication system between the human body and the human energy field and how to access that information in order to treat a current problem. This module covers Psychological Reversal and the techniques of how to deal with it. You will learn the test and treatment meridian and auric points and how to use them in a totally specific sequence to Retune conscious emotional problems.

### **Module 2 - Accessing the Chakras and the Landscape of the Aura**

Learn how to recognise patterns of chakric content which aid a Life Retuning session. You will also learn how to unlock these information channels to help a client become more balanced and centred in their life.

You will learn about the human energy field or aura and how to navigate through the 8 auric layers in order to find the energetic imprint of experiences. You will learn how to incorporate and use this information in a Life Retuning session.

### **Module 3 - Tracking and Retuning Trauma to Resolve Current Problems and Energy Toxins**

Once you understand and know the basic Life Retuning protocol, you will be trained in the unique system of Tracking. You will learn how to find all of the significant 'seed traumas' which have contributed to the problem a client is experiencing. The secret of how to allow the energy field to inform you of all the energetic data, will be revealed to you. Once you know this, your Retuning will become astoundingly accurate. Your results will amaze you.

Sometimes substances and even people in our environment can add to making a distressing problem worse. They are called Energy Toxins and you will learn how to deal with them.

### **Module 4 - Retuning Past Life Trauma and Past Life Vows**

The human energy field holds the energetic memories of all of our incarnations and we are affected daily by echoes of these past experiences. Learn how to Retune disharmonious resonances from the past in a safe and powerfully effective way. There is no need for a trance state to bypass the conscious mind because the data is constantly present. With your new skills you will find it easy to work with past life traumas and to release clients from redundant past life vows.

# What past students are saying about the Life Retuning™ Professional Course

*'Wow! What an amazing experience! Just finished the Life Retuning Course with Ildiko and I have a feeling life isn't going to be the same again. The excellent course structure has enabled me to build my skills. Now all the pieces fit together and I am ready to get out there! On a personal level, I have cleared so much rubbish and feel light and happy. Fabulous! I highly recommend everyone take this course and see the world/universe in a totally new way. Thank you so much Ildiko.'*

Alison Marshall - Finance Client Service Analyst

*'This course is designed to assist you with your own transformation which then places you in a much better position to assist others with theirs, so I would say be more open to personal transformation with yourself as well. As you continue through the course you find that your results are profound and astounding which gives you more confidence to keep developing your skill set all the while you are refining your sensitivity to the energy field. At the end of the course I felt confident and on my way as a Life Retuning Practitioner. There was no doubt in my mind that I was supported by Ildiko herself throughout the course - she was with me every step of the way. Working with her is a delight and a privilege as she shares with you her understanding of ENERGY which is indeed wizardly magical!'*

Brooke Robertson - USA

*'The Life Retuning course has turned my life inside out, back to front and put it all back together again. I have learnt a system that works for anything with others and most importantly, with myself. I know that I am now equipped to deal with all of my past and I am changing my future by releasing old energy and looking at life clearly. Ildiko has been a wonderful teacher, guiding us gently down the rabbit hole and out again. I am not the same person I was. For anyone thinking of learning Life Retuning, I would say try it, you have nothing to lose and everything to gain.'*

Ann Noble - Owner of Inspiration for Change

## **What qualifications will I get?**

If you pass the assessment and case studies you will be awarded a certificate from the Life Retuning Academy. Membership comes with completion. You will be eligible to have MLRA after your name.

## **How do I book?**

Visit [www.liferetuningacademy.org](http://www.liferetuningacademy.org) for details and links

## **How much does it cost?**

Email [ildiko@liferetuning.com](mailto:ildiko@liferetuning.com) call 07880 614052 or visit [www.liferetuningacademy.org](http://www.liferetuningacademy.org) for prices